



Chronic Lyme Disease Resources and Info:

Kathy Gregory | April 5 2015

Because there are so many options for treatments and each patient is unique: these authors recommend patients always work with a Lyme-literate practitioner (rather than make treatment decisions entirely on their own).

Books:

The Beginner's Guide to Lyme Disease: Diagnosis and Treatment Made Simple. Nicola McFadzean, 2012.

Freedom From Lyme Disease: New Treatments for a Complete Recovery. Bryan Rosner, 2014.

Why Can't I Get Better? Solving the Mystery of the Lyme and Chronic Disease. Dr. Richard Horowitz, 2013.

Insights into Lyme Disease Treatment: 13 Lyme-Literate Health Care Practitioners Share their Healing Strategies. Connie Strasheim, 2009.

When Antibiotics Fail: Lyme Disease and Rife Machines with Critical Evaluation of Leading Alternative Therapies. Bryan Rosner, 2004. (Be sure to read the update about Rife Machines in his newer book, *Freedom From Lyme Disease*.)

When Traditional Medicine Fails... Your Guide to Mold Toxins. Gary Rosen, Ph.D. and James Schaller, M.D. 2006

Combating Biofilms: Why Your Antibiotics and Antifungals Fail. James Schaller, M.D., M.A.R. and Mountjoy, Kimberly, M.S. , 2014.

Also several books by Stephen Buhner – mostly on the use of herbs.

However, the information he provides is so detailed, it may be more than you want to wade through – since even the use of herbs varies per individual.

Other Resources:

1) Fox News 5 minute interview with Dr. Richard Horowitz:

http://lymedisease.org/news/lyme_disease_views/news-dr-richard-horowitz-talks-lyme-on-fox-andfriends.html

2) Excellent organization of “Lyme-Literate” doctors, ILADS (International Lyme and Associated Diseases Society): <http://www.ilads.org>

3) Documentary on chronic Lyme – “Under Our Skin” <http://topdocumentaryfilms.com/under-our-skin/>

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